**RULES WOMAN’S MODEL PHYSIQUE**

**1.Categories:**

**There are 4 categories in women’s model physique.**

1. **Up to 160 cm**
2. **Up to 165 cm**
3. **Up to 170 cm**
4. **Over 170 cm**

**More categories may be added at any time if so decided by the WBPF**

**2. Rounds:**

**Women’s Model physique consists of two rounds as follow:**

**Round 1:**

**The competitors will enter the stage one by one, they will be introduced by number, name and country and may upon their discretion present a few poses (Bodybuilding and vulgar Poses are not allowed) during their “T-walk”.**

**Round 2: Comparisons in the quarter turns.**

The competitors are guided on stage by the onstage expediters in numerical order in a single line. In groups of not more than 5 competitors at a time they will be guided through the four quarter turns. This will give the judges sufficient time to prepare for individual comparisons. Once this preliminary assessment in the quarter turns is completed each judge is given the possibility for call outs of not more than 5 competitors at one time. After the individual comparisons are concluded the onstage expediters will guide the competitors off the stage.

**The judges will score the competitors from the first place to the last place in the same way like in other disciplines.**

**The scoring of the preliminary is the same like in other disciplines.**

**present a few poses (Bodybuilding and vulgar Poses are not allowed) during their “T-walk”.**

**3. Clothing**

**In two piece swim suite (Bikini).The bottom of the bikini has to cover 50% of the buttocks. Thong is forbidden. Color, fabric and texture is up to the competitor.**

**High heels shoes.**

**Glass shoes are prohibited.**

**The soles of the shoes can’t be thicker than 1 cm, the heels can’t be higher than 10 cm.**

**The hair can be done in any style, well groomed and feminine.**

**Jewelry , without exaggeration can be worn, as long as it doesn’t prevent proper evaluation of the body.**

**6. Evaluation of the body.**

**The jury evaluates primarily the Body’s symmetry, feminine musculature and fitness level.**

**The jury evaluates the overall impression, the nice posture, and marks the movements as well.**

**It is important to have nice abdomen, legs, buttocks, but paired with a friendly face, beauty, femininity and healthy radiance.**

**Particular attention should be paid to the hairstyle, makeup and accessories, since these also count in the evaluation of the overall impression.**

**The judges has to mark down if a competitor is too skinny.**

**Cellulite, jiggling thighs are going to be marked down too.**

**Fatty, watery total body image is also going to be marked down.**